



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Ebers, Beatrice

Club: Ilseburg  
Number: 569

Course: 9.60 km  
Ilsesteinlauf

Category:  
Frauen (20-29 Jahre)

Total time: 49:29

Speed: 11.64 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 56 (of 174)

Rank in course/Women: 9 (of 62)

Best time in course: 41:09

Rank in category: 1(of 11)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	25:17	6:10	1	-	11	4:55	4.10	25:17	6:10	1	-	40
Loddenke	2.20	9:40	4:23	1	-	8	1:39	6.30	34:57	5:32	1	-	40
Ilseburg/Markt	3.30	14:32	4:24	1	-	10	1:46	9.60	49:29	5:09	1	-	9 8:20