



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schwindt, Robert

Club: Göttingen
Number: 628

Course: 9.60 km
Ilsesteinlauf

Category:
Männer (20-29 Jahre)

Total time: 49:38

Speed: 10.88 km/h
Running performance: 5:10 min/km

Rank in course/Total: 58 (of 174)

Rank in course/Men: 49 (of 112)

Best time in course: 34:18

Rank in category: 6(of 16)

Best time in the category: 34:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men						Pos Men	Behind Men
Ilsestein	4.10	25:10	6:08	8	8:31	50	8:31	4.10	25:10	6:08	6	8:31	46	8:31
Loddenke	2.20	9:39	4:23	6	2:45	47	2:45	6.30	34:49	5:31	6	11:16	50	11:16
Ilseburg/Markt	3.30	14:49	4:29	7	4:04	50	4:04	9.60	49:38	5:10	6	15:20	49	15:20