



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Wedde, Corinna

Club: Ilseburg
Number: 682

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 51:25

Speed: 10.50 km/h
Running performance: 5:22 min/km

Rank in course/Total: 69 (of 174)

Rank in course/Women: 12 (of 62)

Best time in course: 41:09

Rank in category: 6(of 22)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	26:21	6:25	7	5:12	13	5:59	4.10	26:21	6:25	18			43
Loddenke	2.20	9:58	4:31	5	1:35	10	1:57	6.30	36:19	5:45	18			43
Ilseburg/Markt	3.30	15:06	4:34	6	2:00	13	2:20	9.60	51:25	5:21	6	8:47	12	10:16