



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Pleyer, Andrea

Club: Gesundheitszentrum Aschersleben
Number: 602

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 51:29

Speed: 10.49 km/h
Running performance: 5:22 min/km

Rank in course/Total: 70 (of 174)

Rank in course/Women: 13 (of 62)

Best time in course: 41:09

Rank in category: 7(of 22)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Ilsestein	4.10	26:01	6:20	6	4:52	12	5:39	4.10	26:01	6:20	17			44	
Loddenke	2.20	10:05	4:34	6	1:42	12	2:04	6.30	36:06	5:43	17			44	
Ilseburg/Markt	3.30	15:23	4:39	10	2:17	17	2:37	9.60	51:29	5:21	7	8:51	13	10:20	