



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

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Club: Ilseburg
Number: 678

Course: 9.60 km
Ilsesteinlauf

Category:
männliche Jugend U20 (18-19 Jahre)

Total time: 51:30

Speed: 10.49 km/h
Running performance: 5:22 min/km

Rank in course/Total: 71 (of 174)

Rank in course/Men: 58 (of 112)

Best time in course: 34:18

Rank in category: 2(of 3)

Best time in the category: 39:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:58	6:19	2	6:42	59	9:19	4.10	25:58	6:19	2	6:42	58	9:19
Loddenke	2.20	10:16	4:40	2	2:10	62	3:22	6.30	36:14	5:45	2	8:52	58	12:41
Ilseburg/Markt	3.30	15:16	4:37	2	3:01	62	4:31	9.60	51:30	5:21	2	11:53	58	17:12