



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Weber, H P

Club: SG Hillerse  
Number: 630

Course: 9.60 km  
Ilsesteinlauf

Category:  
Senioren M65 (65-69 Jahre)

Total time: 51:46

Speed: 10.43 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 72 (of 174)

Rank in course/Men: 59 (of 112)

Best time in course: 34:18

Rank in category: 4(of 10)

Best time in the category: 46:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	25:48	6:17	4	2:34	57	9:09	4.10	25:48	6:17	4	2:34	59	9:09
Loddenke	2.20	10:33	4:47	4	1:13	67	3:39	6.30	36:21	5:46	4	3:47	59	12:48
Ilseburg/Markt	3.30	15:25	4:40	4	1:17	65	4:40	9.60	51:46	5:23	4	5:04	59	17:28