



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Jung, Andreas

Club: LG BSN
Number: 508

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 52:47

Speed: 10.91 km/h
Running performance: 5:30 min/km

Rank in course/Total: 77 (of 174)

Rank in course/Men: 64 (of 112)

Best time in course: 34:18

Rank in category: 6(of 6)

Best time in the category: 39:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:02	6:35	6	7:30	66	10:23	4.10	27:02	6:35	6	7:30	64	10:23
Loddenke	2.20	10:38	4:49	6	2:51	69	3:44	6.30	37:40	5:58	6	10:21	64	14:07
Ilseburg/Markt	3.30	15:07	4:34	6	3:03	56	4:22	9.60	52:47	5:29	6	13:24	64	18:29