



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Ullrich, Anett

Club: Hamburg
Number: 567

Course: 9.60 km
Ilsesteinlauf

Category:
Frauen (20-29 Jahre)

Total time: 53:27

Speed: 10.78 km/h
Running performance: 5:34 min/km

Rank in course/Total: 86 (of 174)

Rank in course/Women: 18 (of 62)

Best time in course: 41:09

Rank in category: 2(of 11)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:10	6:52	2	2:53	25	7:48	4.10	28:10	6:52	2	2:53	49
Loddenke	2.20	10:12	4:38	2	0:32	14	2:11	6.30	38:22	6:05	2	3:25	49
Ilseburg/Markt	3.30	15:05	4:34	2	0:33	12	2:19	9.60	53:27	5:34	2	3:58	18 12:18