



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Tripp, Karl-Heinz

Club: TSV Frankenberg
Number: 523

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 53:35

Speed: 10.08 km/h
Running performance: 5:35 min/km

Rank in course/Total: 88 (of 174)

Rank in course/Men: 69 (of 112)

Best time in course: 34:18

Rank in category: 7(of 12)

Best time in the category: 43:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	27:29	6:42	7	5:18	72	10:50	4.10	27:29	6:42	7	4:45	69	10:50
Loddenke	2.20	10:50	4:55	7	2:42	75	3:56	6.30	38:19	6:04	7	7:27	69	14:46
Ilseburg/Markt	3.30	15:16	4:37	7	2:12	62	4:31	9.60	53:35	5:34	7	9:39	69	19:17