



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Ungethüm, Ute

Club: SV Lok Blankenburg
Number: 561

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 54:05

Speed: 9.98 km/h
Running performance: 5:38 min/km

Rank in course/Total: 91 (of 174)

Rank in course/Women: 21 (of 62)

Best time in course: 41:09

Rank in category: 1(of 6)

Best time in the category: 54:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	27:44	6:45	1	-	23	7:22	4.10	27:44	6:45	1	-	52
Loddenke	2.20	10:26	4:44	1	-	17	2:25	6.30	38:10	6:03	1	-	52
Ilseburg/Markt	3.30	15:55	4:49	1	-	20	3:09	9.60	54:05	5:38	1	-	21 12:56