



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Fasse-Bültmann, Dagmar

Club: TUS Lügde Laufgruppe
Number: 689

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 55:16

Speed: 9.77 km/h
Running performance: 5:46 min/km

Rank in course/Total: 102 (of 174)

Rank in course/Women: 24 (of 62)

Best time in course: 41:09

Rank in category: 1(of 3)

Best time in the category: 55:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	27:34	6:43	1	-	22	7:12	4.10	27:34	6:43	1	-	55	
Loddenke	2.20	11:27	5:12	1	-	35	3:26	6.30	39:01	6:11	1	-	55	
Ilseburg/Markt	3.30	16:15	4:55	1	-	24	3:29	9.60	55:16	5:45	1	-	24	14:07