



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schneider, Manfred

Club: Eisenach
Number: 526

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 56:08

Speed: 9.62 km/h
Running performance: 5:51 min/km

Rank in course/Total: 108 (of 174)

Rank in course/Men: 82 (of 112)

Best time in course: 34:18

Rank in category: 10(of 12)

Best time in the category: 43:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:00	6:49	8	5:49	75	11:21	4.10	28:00	6:49	10	5:16	82	11:21
Loddenke	2.20	11:29	5:13	10	3:21	87	4:35	6.30	39:29	6:16	10	8:37	82	15:56
Ilseburg/Markt	3.30	16:39	5:02	10	3:35	84	5:54	9.60	56:08	5:50	10	12:12	82	21:50