



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Wallborn, Bernd

Club: Prestewitz
Number: 592

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 57:00

Speed: 9.47 km/h
Running performance: 5:56 min/km

Rank in course/Total: 113 (of 174)

Rank in course/Men: 84 (of 112)

Best time in course: 34:18

Rank in category: 5(of 10)

Best time in the category: 46:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	28:51	7:02	5	5:37	82	12:12	4.10	28:51	7:02	5	5:37	84	12:12
Loddenke	2.20	11:59	5:26	9	2:39	96	5:05	6.30	40:50	6:28	5	8:16	84	17:17
Ilseburg/Markt	3.30	16:10	4:53	5	2:02	76	5:25	9.60	57:00	5:56	5	10:18	84	22:42