



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Ebert, Andrea

Number: 696

Course: 9.60 km
Ilsesteinlauf

Category:
Frauen (20-29 Jahre)

Total time: 57:41

Speed: 9.36 km/h

Running performance: 6:01 min/km

Rank in course/Total: 117 (of 174)

Rank in course/Women: 31 (of 62)

Best time in course: 41:09

Rank in category: 5(of 11)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	28:28	6:56	3	3:11	27	8:06	4.10	28:28	6:56	5	3:11	62
Loddenke	2.20	11:20	5:09	6	1:40	32	3:19	6.30	39:48	6:19	5	4:51	62
Ilseburg/Markt	3.30	17:53	5:25	10	3:21	46	5:07	9.60	57:41	6:00	5	8:12	31 16:32