



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Reinshagen, Peter

Club: Ilseburg  
Number: 617

Course: 9.60 km  
Ilsesteinlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 57:51

Speed: 9.33 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 120 (of 174)

Rank in course/Men: 88 (of 112)

Best time in course: 34:18

Rank in category: 3(of 3)

Best time in the category: 54:41

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score				Total ranking				
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	29:12	7:07	3	1:41	88	12:33	4.10	29:12	7:07	3	1:41	88	12:33
Loddenke	2.20	11:23	5:10	3	0:41	85	4:29	6.30	40:35	6:26	3	2:16	88	17:02
Ilseburg/Markt	3.30	17:16	5:13	3	0:54	92	6:31	9.60	57:51	6:01	3	3:10	88	23:33