



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Weißenberger, Sandra

Club: Hannover
Number: 573

Course: 9.60 km
Ilsesteinlauf

Category:
Frauen (20-29 Jahre)

Total time: 58:33

Speed: 9.22 km/h
Running performance: 6:06 min/km

Rank in course/Total: 125 (of 174)

Rank in course/Women: 34 (of 62)

Best time in course: 41:09

Rank in category: 7(of 11)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	29:29	7:11	6	4:12	31	9:07	4.10	29:29	7:11	7	4:12	3
Loddenke	2.20	11:37	5:16	7	1:57	38	3:36	6.30	41:06	6:31	7	6:09	2
Ilseburg/Markt	3.30	17:27	5:17	8	2:55	43	4:41	9.60	58:33	6:05	7	9:04	34 17:24