



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Franke, Katrin

Club: Brockenlaufverein
Number: 554

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 58:46

Speed: 9.19 km/h
Running performance: 6:07 min/km

Rank in course/Total: 127 (of 174)

Rank in course/Women: 36 (of 62)

Best time in course: 41:09

Rank in category: 16(of 22)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:16	7:22	16	9:07	37	9:54	4.10	30:16	7:22	8	3:24	5
Loddenke	2.20	10:59	4:59	14	2:36	28	2:58	6.30	41:15	6:32	8	3:27	5
Ilseburg/Markt	3.30	17:31	5:18	18	4:25	45	4:45	9.60	58:46	6:07	16	16:08	36 17:37