



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Lindemann-Hackmann, Gitta

Club: MSV Eintracht Halberstadt
Number: 565

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 59:03

Speed: 9.14 km/h
Running performance: 6:09 min/km

Rank in course/Total: 129 (of 174)

Rank in course/Women: 38 (of 62)

Best time in course: 41:09

Rank in category: 3(of 4)

Best time in the category: 55:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking					
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women
Ilsestein	4.10	30:21	7:24	3	2:33	39	9:59	4.10	30:21	7:24	3	2:08	7
Loddenke	2.20	11:20	5:09	2	0:38	32	3:19	6.30	41:41	6:36	3	2:46	7
Ilseburg/Markt	3.30	17:22	5:15	3	0:47	37	4:36	9.60	59:03	6:09	3	3:33	38 17:54