



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Dr.Brenzel, Ullrich

Club: Halle
Number: 594

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:00:21

Speed: 8.95 km/h
Running performance: 6:17 min/km

Rank in course/Total: 141 (of 174)

Rank in course/Men: 96 (of 112)

Best time in course: 34:18

Rank in category: 8(of 10)

Best time in the category: 46:42

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:17	7:23	8	7:03	97	13:38	4.10	30:17	7:23	8	7:03	96	13:38
Loddenke	2.20	12:26	5:39	10	3:06	101	5:32	6.30	42:43	6:46	8	10:09	96	19:10
Ilseburg/Markt	3.30	17:38	5:20	8	3:30	96	6:53	9.60	1:00:21	6:17	8	13:39	96	26:03