



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Hänsch, Jochen

Club: Wernigerode
Number: 534

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M65 (65-69 Jahre)

Total time: 1:00:40

Speed: 8.90 km/h
Running performance: 6:19 min/km

Rank in course/Total: 145 (of 174)

Rank in course/Men: 99 (of 112)

Best time in course: 34:18

Rank in category: 9(of 10)

Best time in the category: 46:42

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	30:16	7:22	7	7:02	96	13:37	4.10	30:16	7:22	9	7:02	99	13:37
Loddenke	2.20	11:34	5:15	7	2:14	91	4:40	6.30	41:50	6:38	9	9:16	99	18:17
Ilseburg/Markt	3.30	18:50	5:42	10	4:42	107	8:05	9.60	1:00:40	6:19	9	13:58	99	26:22