



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Hofmann, Jürgen

Club: TC Salzwedel
Number: 645

Course: 9.60 km
Ilsesteinlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:02:19

Speed: 8.67 km/h
Running performance: 6:29 min/km

Rank in course/Total: 153 (of 174)

Rank in course/Men: 106 (of 112)

Best time in course: 34:18

Rank in category: 12(of 12)

Best time in the category: 43:56

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	32:11	7:50	12	10:00	104	15:32	4.10	32:11	7:50	12	9:27	106	15:32
Loddenke	2.20	12:36	5:43	12	4:28	103	5:42	6.30	44:47	7:06	12	13:55	106	21:14
Ilseburg/Markt	3.30	17:32	5:18	12	4:28	95	6:47	9.60	1:02:19	6:29	12	18:23	106	28:01