



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Warthmann, Kristina

Club: Physioteam Wernigerode
Number: 555

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:03:43

Speed: 8.48 km/h
Running performance: 6:38 min/km

Rank in course/Total: 158 (of 174)

Rank in course/Women: 51 (of 62)

Best time in course: 41:09

Rank in category: 19(of 22)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:56	8:01	19	11:47	51	12:34	4.10	32:56	8:01	5	6:04	20	
Loddenke	2.20	11:47	5:21	18	3:24	40	3:46	6.30	44:43	7:05	5	6:55	20	0:07
Ilseburg/Markt	3.30	19:00	5:45	21	5:54	55	6:14	9.60	1:03:43	6:38	19	21:05	51	22:34