



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Schreinert, Anja

Number: 570

Course: 9.60 km
Ilsesteinlauf

Category:
Frauen (20-29 Jahre)

Total time: 1:05:20

Speed: 8.27 km/h

Running performance: 6:49 min/km

Rank in course/Total: 161 (of 174)

Rank in course/Women: 54 (of 62)

Best time in course: 41:09

Rank in category: 11(of 11)

Best time in the category: 49:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	32:23	7:53	11	7:06	48	12:01	4.10	32:23	7:53	11	7:06	23	
Loddenke	2.20	13:48	6:16	11	4:08	55	5:47	6.30	46:11	7:19	11	11:14	23	1:35
Ilseburg/Markt	3.30	19:09	5:48	11	4:37	56	6:23	9.60	1:05:20	6:48	11	15:51	54	24:11