



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kappler, Yvonne

Club: Schönebeck
Number: 660

Course: 9.60 km
Ilsesteinlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:08:59

Speed: 7.83 km/h
Running performance: 7:11 min/km

Rank in course/Total: 168 (of 174)

Rank in course/Women: 58 (of 62)

Best time in course: 41:09

Rank in category: 21(of 22)

Best time in the category: 42:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Ilsestein	4.10	34:12	8:20	21	13:03	58	13:50	4.10	34:12	8:20	3	7:20	27	1:12
Loddenke	2.20	15:57	7:14	22	7:34	62	7:56	6.30	50:09	7:57	3	12:21	27	5:33
Ilseburg/Markt	3.30	18:50	5:42	20	5:44	54	6:04	9.60	1:08:59	7:11	21	26:21	58	27:50