



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Werner, Detlef

Total time: 1:12:31

Club: ESV 49 Angermünde Laufgruppe -Die Lokvögel
Number: 640

Speed: 7.94 km/h

Running performance: 7:33 min/km

Course: 9.60 km
Ilsesteinlauf

Rank in course/Total: 171 (of 174)

Rank in course/Men: 112 (of 112)

Best time in course: 34:18

Category:

Rank in category: 12(of 12)

Senioren M55 (55-59 Jahre)

Best time in the category: 37:30

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Ilsestein | 4.10 | 37:00 | 9:01 | 12 | 18:31 | 112 | 20:21 | 4.10 | 37:00 | 9:01 | 12 | 18:31 | 112 | 20:21 |
| Loddenke | 2.20 | 14:55 | 6:46 | 12 | 7:30 | 110 | 8:01 | 6.30 | 51:55 | 8:14 | 12 | 26:01 | 112 | 28:22 |
| Ilseburg/Markt | 3.30 | 20:36 | 6:14 | 12 | 9:00 | 110 | 9:51 | 9.60 | 1:12:31 | 7:33 | 12 | 35:01 | 112 | 38:13 |