



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Lorenschat, Tim

Club: SportTREND Ultralaufteam
Number: 421

Course: 26.20 km
Brockenlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:53:46

Speed: 13.71 km/h
Running performance: 4:20 min/km

Rank in course/Total: 6 (of 426)

Rank in course/Men: 6 (of 371)

Best time in course: 1:42:20

Rank in category: 1(of 28)

Best time in the category: 1:53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:07	4:16	1	-	9	1:41	3.30	14:07	4:16	15	-	6	1:41
Schlüsie	3.10	15:37	5:02	1	-	8	2:11	6.40	29:44	4:38	15	-	6	3:52
Hermannsklippe	2.60	13:32	5:12	1	-	9	1:47	9.00	43:16	4:48	15	-	6	5:39
Brocken	3.10	20:44	6:41	1	-	7	2:38	12.10	1:04:00	5:17	15	-	6	8:17
Eiserner Handwe	3.60	13:46	3:49	3	0:33	10	1:48	15.70	1:17:46	4:57	15	-	6	9:23
Schlüsie	4.10	12:40	3:05	1	-	4	0:44	19.80	1:30:26	4:34	15	-	6	9:28
Loddenke	3.10	10:56	3:31	2	0:05	6	0:43	22.90	1:41:22	4:25	15	-	6	10:11
Ilseburg/Markt	3.30	12:24	3:45	2	0:32	10	1:15	26.20	1:53:46	4:20	1	-	6	11:26