



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Habel, Thomas

Club: Drübeck
Number: 307

Course: 26.20 km
Brockenlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:57:06

Speed: 13.32 km/h
Running performance: 4:28 min/km

Rank in course/Total: 10 (of 426)

Rank in course/Men: 10 (of 371)

Best time in course: 1:42:20

Rank in category: 2(of 28)

Best time in the category: 1:53:46

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:18	4:20	2	0:11	11	1:52	3.30	14:18	4:20	28		10	1:52
Schlüsie	3.10	16:32	5:20	4	0:55	28	3:06	6.40	30:50	4:49	28		10	4:58
Hermannsklippe	2.60	14:29	5:34	4	0:57	26	2:44	9.00	45:19	5:02	28		10	7:42
Brocken	3.10	22:59	7:24	2	2:15	21	4:53	12.10	1:08:18	5:38	28		10	12:35
Eiserner Handwe	3.60	13:13	3:40	1	-	5	1:15	15.70	1:21:31	5:11	28		10	13:08
Schlüsie	4.10	12:52	3:08	2	0:12	7	0:56	19.80	1:34:23	4:46	28		10	13:25
Loddenke	3.10	10:51	3:30	1	-	5	0:38	22.90	1:45:14	4:35	28		10	14:03
Ilseburg/Markt	3.30	11:52	3:35	1	-	4	0:43	26.20	1:57:06	4:28	2	3:20	10	14:46