



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Herrling, Rolf

Club: Team Icehouse e.V.
Number: 177

Course: 26.20 km
Brockenlauf

Category:
Männer (20-29 Jahre)

Total time: 1:59:37

Speed: 13.04 km/h
Running performance: 4:34 min/km

Rank in course/Total: 14 (of 426)

Rank in course/Men: 14 (of 371)

Best time in course: 1:42:20

Rank in category: 5(of 37)

Best time in the category: 1:42:20

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:01	4:14	3	1:35	7	1:35	3.30	14:01	4:14	24		14	1:35
Schlüsie	3.10	16:00	5:09	7	2:34	14	2:34	6.40	30:01	4:41	24		14	4:09
Hermannsklippe	2.60	14:00	5:23	8	2:15	16	2:15	9.00	44:01	4:53	24		14	6:24
Brocken	3.10	23:01	7:25	8	4:55	22	4:55	12.10	1:07:02	5:32	24		14	11:19
Eiserner Handwe	3.60	14:41	4:04	8	2:01	29	2:43	15.70	1:21:43	5:12	24		14	13:20
Schlüsie	4.10	14:23	3:30	8	1:48	37	2:27	19.80	1:36:06	4:51	24		14	15:08
Loddenke	3.10	10:57	3:31	3	0:44	7	0:44	22.90	1:47:03	4:40	24		14	15:52
Ilseburg/Markt	3.30	12:34	3:48	5	1:25	14	1:25	26.20	1:59:37	4:33	5	17:17	14	17:17