



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Meder, Jörg

Club: LAG Wesertal
Number: 87

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:00:32

Speed: 12.94 km/h
Running performance: 4:36 min/km

Rank in course/Total: 17 (of 426)

Rank in course/Men: 17 (of 371)

Best time in course: 1:42:20

Rank in category: 7(of 47)

Best time in the category: 1:49:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:06	4:16	3	0:30	8	1:40	3.30	14:06	4:16	31		17	1:40
Schlüsie	3.10	15:38	5:02	3	0:31	9	2:12	6.40	29:44	4:38	31		6	3:52
Hermannsklippe	2.60	13:35	5:13	3	0:37	10	1:50	9.00	43:19	4:48	31		17	5:42
Brocken	3.10	22:06	7:07	4	2:22	14	4:00	12.10	1:05:25	5:24	31		17	9:42
Eiserner Handwe	3.60	15:07	4:11	8	2:15	42	3:09	15.70	1:20:32	5:07	31		17	12:09
Schlüsie	4.10	14:36	3:33	9	2:16	45	2:40	19.80	1:35:08	4:48	31		17	14:10
Loddenke	3.10	11:52	3:49	9	0:55	35	1:39	22.90	1:47:00	4:40	31		17	15:49
Ilseburg/Markt	3.30	13:32	4:06	10	1:41	44	2:23	26.20	2:00:32	4:36	7	10:42	17	18:12