



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kruse, Andreas

Club: Brockenlaufverein
Number: 70

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:02:17

Speed: 12.76 km/h
Running performance: 4:40 min/km

Rank in course/Total: 23 (of 426)

Rank in course/Men: 23 (of 371)

Best time in course: 1:42:20

Rank in category: 3(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	14:52	4:30	2	0:09	17	2:26	3.30	14:52	4:30	57		23	2:26
Schlüsie	3.10	16:24	5:17	1	-	20	2:58	6.40	31:16	4:53	57		23	5:24
Hermannsklippe	2.60	14:10	5:26	2	0:14	21	2:25	9.00	45:26	5:02	57		23	7:49
Brocken	3.10	22:58	7:24	2	1:03	19	4:52	12.10	1:08:24	5:39	57		23	12:41
Eiserner Handwe	3.60	14:48	4:06	7	0:48	33	2:50	15.70	1:23:12	5:17	57		23	14:49
Schlüsie	4.10	13:58	3:24	5	0:42	28	2:02	19.80	1:37:10	4:54	57		23	16:12
Loddenke	3.10	11:34	3:43	4	0:22	22	1:21	22.90	1:48:44	4:44	57		23	17:33
Ilseburg/Markt	3.30	13:33	4:06	10	1:02	45	2:24	26.20	2:02:17	4:40	3	3:16	23	19:57