



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Scheele, Michael

Club: TUSEM Essen
Number: 264

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:06:29

Speed: 12.33 km/h
Running performance: 4:50 min/km

Rank in course/Total: 31 (of 426)

Rank in course/Men: 31 (of 371)

Best time in course: 1:42:20

Rank in category: 9(of 47)

Best time in the category: 1:49:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:25	4:40	11	1:49	32	2:59	3.30	15:25	4:40	33		25	2:59
Schlüsie	3.10	16:53	5:26	10	1:46	36	3:27	6.40	32:18	5:02	33		24	6:26
Hermannsklippe	2.60	14:46	5:40	10	1:48	35	3:01	9.00	47:04	5:13	33		24	9:27
Brocken	3.10	23:25	7:33	10	3:41	31	5:19	12.10	1:10:29	5:49	33		31	14:46
Eiserner Handwe	3.60	15:31	4:18	14	2:39	51	3:33	15.70	1:26:00	5:28	33		31	17:37
Schlüsie	4.10	14:41	3:34	10	2:21	48	2:45	19.80	1:40:41	5:05	33		31	19:43
Loddenke	3.10	11:56	3:50	10	0:59	37	1:43	22.90	1:52:37	4:55	33		31	21:26
Ilseburg/Markt	3.30	13:52	4:12	17	2:01	72	2:43	26.20	2:06:29	4:49	9	16:39	31	24:09