



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Wadehn, Ricky

Club: Brockenlaufverein
Number: 49

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:07:00

Speed: 12.28 km/h
Running performance: 4:51 min/km

Rank in course/Total: 34 (of 426)

Rank in course/Men: 34 (of 371)

Best time in course: 1:42:20

Rank in category: 10(of 47)

Best time in the category: 1:49:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:24	4:40	9	1:48	29	2:58	3.30	15:24	4:40	34		34	2:58
Schlüsie	3.10	16:28	5:18	8	1:21	22	3:02	6.40	31:52	4:58	34		34	6:00
Hermannsklippe	2.60	14:34	5:36	8	1:36	29	2:49	9.00	46:26	5:09	34		25	8:49
Brocken	3.10	24:21	7:51	15	4:37	53	6:15	12.10	1:10:47	5:50	34		34	15:04
Eiserner Handwe	3.60	15:22	4:16	10	2:30	45	3:24	15.70	1:26:09	5:29	34		34	17:46
Schlüsie	4.10	14:43	3:35	11	2:23	50	2:47	19.80	1:40:52	5:05	34		34	19:54
Loddenke	3.10	12:08	3:54	12	1:11	44	1:55	22.90	1:53:00	4:56	34		34	21:49
Ilseburg/Markt	3.30	14:00	4:14	19	2:09	79	2:51	26.20	2:07:00	4:50	10	17:10	34	24:40