



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Cäsar, Christian

Club: Team Hardam
Number: 299

Course: 26.20 km
Brockenlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:07:19

Speed: 12.25 km/h
Running performance: 4:52 min/km

Rank in course/Total: 37 (of 426)

Rank in course/Men: 37 (of 371)

Best time in course: 1:42:20

Rank in category: 5(of 28)

Best time in the category: 1:53:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:49	5:05	7	2:42	92	4:23	3.30	16:49	5:05	25		37	4:23
Schlüsie	3.10	17:23	5:36	6	1:46	49	3:57	6.40	34:12	5:20	25		37	8:20
Hermannsklippe	2.60	15:34	5:59	7	2:02	62	3:49	9.00	49:46	5:31	25		37	12:09
Brocken	3.10	25:00	8:03	10	4:16	70	6:54	12.10	1:14:46	6:10	25		37	19:03
Eiserner Handwe	3.60	14:32	4:02	4	1:19	23	2:34	15.70	1:29:18	5:41	25		37	20:55
Schlüsie	4.10	13:10	3:12	3	0:30	8	1:14	19.80	1:42:28	5:10	25		37	21:30
Loddenke	3.10	11:26	3:41	3	0:35	16	1:13	22.90	1:53:54	4:58	25		37	22:43
Ilseburg/Markt	3.30	13:25	4:03	5	1:33	40	2:16	26.20	2:07:19	4:51	5	13:33	37	24:59