



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Cherek, Uwe

Club: TH Eilbeck Roadrunnerteam  
Number: 18

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:07:32

Speed: 12.23 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 39 (of 426)

Rank in course/Men: 39 (of 371)

Best time in course: 1:42:20

Rank in category: 4(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:01	4:33	3	2:29	22	2:35	3.30	15:01	4:33	33		39	2:35
Schlüsie	3.10	16:55	5:27	5	2:49	37	3:29	6.40	31:56	4:59	33		39	6:04
Hermannsklippe	2.60	14:46	5:40	5	2:17	35	3:01	9.00	46:42	5:11	33		33	9:05
Brocken	3.10	23:34	7:36	3	3:35	35	5:28	12.10	1:10:16	5:48	33		39	14:33
Eiserner Handwe	3.60	15:26	4:17	6	3:28	49	3:28	15.70	1:25:42	5:27	33		39	17:19
Schlüsie	4.10	14:42	3:35	8	2:46	49	2:46	19.80	1:40:24	5:04	33		33	19:26
Loddenke	3.10	12:34	4:03	10	2:08	65	2:21	22.90	1:52:58	4:55	33		39	21:47
Ilseburg/Markt	3.30	14:34	4:24	19	2:48	115	3:25	26.20	2:07:32	4:52	4	22:15	39	25:12