



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Brenz, Andreas

Club: Wernigerode
Number: 260

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:07:55

Speed: 12.20 km/h
Running performance: 4:53 min/km

Rank in course/Total: 40 (of 426)

Rank in course/Men: 40 (of 371)

Best time in course: 1:42:20

Rank in category: 7(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:24	4:40	5	0:41	29	2:58	3.30	15:24	4:40	53		34	2:58
Schlüsie	3.10	17:32	5:39	10	1:08	59	4:06	6.40	32:56	5:08	53		40	7:04
Hermannsklippe	2.60	15:40	6:01	15	1:44	73	3:55	9.00	48:36	5:24	53		40	10:59
Brocken	3.10	25:25	8:11	15	3:30	78	7:19	12.10	1:14:01	6:07	53		40	18:18
Eiserner Handwe	3.60	14:29	4:01	4	0:29	22	2:31	15.70	1:28:30	5:38	53		40	20:07
Schlüsie	4.10	14:10	3:27	6	0:54	32	2:14	19.80	1:42:40	5:11	53		40	21:42
Loddenke	3.10	12:01	3:52	8	0:49	40	1:48	22.90	1:54:41	5:00	53		40	23:30
Ilseburg/Markt	3.30	13:14	4:00	7	0:43	32	2:05	26.20	2:07:55	4:52	7	8:54	40	25:35