



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Rebitzky, Rafael

Club: Delligser SC
Number: 395

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:10:13

Speed: 11.98 km/h
Running performance: 4:58 min/km

Rank in course/Total: 52 (of 426)

Rank in course/Men: 51 (of 371)

Best time in course: 1:42:20

Rank in category: 14(of 47)

Best time in the category: 1:49:50

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:29	5:36	26	4:53	167	6:03	3.30	18:29	5:36	38		51	6:03
Schlüsie	3.10	17:49	5:44	19	2:42	79	4:23	6.40	36:18	5:40	38		51	10:26
Hermannsklippe	2.60	15:35	5:59	14	2:37	64	3:50	9.00	51:53	5:45	38		51	14:16
Brocken	3.10	25:05	8:05	20	5:21	72	6:59	12.10	1:16:58	6:21	38		51	21:15
Eiserner Handwe	3.60	15:08	4:12	9	2:16	43	3:10	15.70	1:32:06	5:51	38		51	23:43
Schlüsie	4.10	13:51	3:22	6	1:31	22	1:55	19.80	1:45:57	5:21	38		51	24:59
Loddenke	3.10	11:35	3:44	6	0:38	23	1:22	22.90	1:57:32	5:07	38		51	26:21
Ilseburg/Markt	3.30	12:41	3:50	6	0:50	16	1:32	26.20	2:10:13	4:58	14	20:23	51	27:53