



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Hattwich, Stephan

Club: Beierstedt  
Number: 206

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:10:21

Speed: 11.97 km/h  
Running performance: 4:59 min/km

Rank in course/Total: 54 (of 426)

Rank in course/Men: 53 (of 371)

Best time in course: 1:42:20

Rank in category: 7(of 28)

Best time in the category: 1:53:46

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:19	4:38	3	1:12	27	2:53	3.30	15:19	4:38	23		52	2:53
Schlüsie	3.10	16:30	5:19	3	0:53	26	3:04	6.40	31:49	4:58	23		20	5:57
Hermannsklippe	2.60	14:18	5:30	3	0:46	22	2:33	9.00	46:07	5:07	23		52	8:30
Brocken	3.10	24:05	7:46	7	3:21	47	5:59	12.10	1:10:12	5:48	23		52	14:29
Eiserner Handwe	3.60	16:07	4:28	7	2:54	77	4:09	15.70	1:26:19	5:29	23		52	17:56
Schlüsie	4.10	15:49	3:51	10	3:09	104	3:53	19.80	1:42:08	5:09	23		52	21:10
Loddenke	3.10	13:42	4:25	12	2:51	151	3:29	22.90	1:55:50	5:03	23		52	24:39
Ilseburg/Markt	3.30	14:31	4:23	9	2:39	112	3:22	26.20	2:10:21	4:58	7	16:35	53	28:01