



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Timmermann, Dirk

Club: SV Blau Weiß Petershagen/Eggersdorf
Number: 198

Course: 26.20 km
Brockenlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:10:32

Speed: 11.95 km/h
Running performance: 4:59 min/km

Rank in course/Total: 56 (of 426)

Rank in course/Men: 55 (of 371)

Best time in course: 1:42:20

Rank in category: 7(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:21	4:57	11	3:49	67	3:55	3.30	16:21	4:57	36		28	3:55
Schlüsie	3.10	17:03	5:30	6	2:57	39	3:37	6.40	33:24	5:13	36		54	7:32
Hermannsklippe	2.60	14:43	5:39	4	2:14	33	2:58	9.00	48:07	5:20	36		54	10:30
Brocken	3.10	24:06	7:46	6	4:07	48	6:00	12.10	1:12:13	5:58	36		54	16:30
Eiserner Handwe	3.60	15:41	4:21	9	3:43	56	3:43	15.70	1:27:54	5:35	36		54	19:31
Schlüsie	4.10	15:17	3:43	11	3:21	73	3:21	19.80	1:43:11	5:12	36		54	22:13
Loddenke	3.10	12:52	4:09	16	2:26	93	2:39	22.90	1:56:03	5:04	36		54	24:52
Ilseburg/Markt	3.30	14:29	4:23	17	2:43	109	3:20	26.20	2:10:32	4:58	7	25:15	55	28:12