



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Thomas, Bernd

Club: MSV Eintracht Halberstadt
Number: 357

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:10:57

Speed: 11.91 km/h
Running performance: 5:00 min/km

Rank in course/Total: 58 (of 426)

Rank in course/Men: 56 (of 371)

Best time in course: 1:42:20

Rank in category: 3(of 57)

Best time in the category: 2:05:19

Intermediate times

Stage score

Total ranking

Control	Intermediate times					Stage score			Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:38	4:44	1	-	41	3:12	3.30	15:38	4:44	32		56	3:12
Schlüsie	3.10	17:47	5:44	4	0:20	76	4:21	6.40	33:25	5:13	32		56	7:33
Hermannsklippe	2.60	15:38	6:00	4	0:38	69	3:53	9.00	49:03	5:26	32		56	11:26
Brocken	3.10	26:54	8:40	15	2:54	127	8:48	12.10	1:15:57	6:16	32		56	20:14
Eiserner Handwe	3.60	14:38	4:03	2	0:10	26	2:40	15.70	1:30:35	5:46	32		56	22:12
Schlüsie	4.10	13:59	3:24	3	0:21	29	2:03	19.80	1:44:34	5:16	32		56	23:36
Loddenke	3.10	12:19	3:58	3	0:47	52	2:06	22.90	1:56:53	5:06	32		56	25:42
Ilseburg/Markt	3.30	14:04	4:15	10	1:08	84	2:55	26.20	2:10:57	4:59	3	5:38	56	28:37