



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Brinkmann, Silke

Club: MTV Jahn Schladen
Number: 447

Course: 26.20 km
Brockenlauf

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:10:33

Speed: 11.95 km/h
Running performance: 4:59 min/km

Rank in course/Total: 57 (of 426)

Rank in course/Women: 2 (of 55)

Best time in course: 2:09:06

Rank in category: 1(of 11)

Best time in the category: 2:10:33

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women |
| Loddenke | 3.30 | 15:42 | 4:45 | 1 | - | 2 | 0:17 | 3.30 | 15:42 | 4:45 | 1 | - | 30 |
| Schlüsie | 3.10 | 17:13 | 5:33 | 1 | - | 1 | - | 6.40 | 32:55 | 5:08 | 1 | - | 30 |
| Hermannsklippe | 2.60 | 15:37 | 6:00 | 1 | - | 1 | - | 9.00 | 48:32 | 5:23 | 1 | - | 30 |
| Brocken | 3.10 | 25:45 | 8:18 | 1 | - | 2 | 1:16 | 12.10 | 1:14:17 | 6:08 | 1 | - | 29 |
| Eiserner Handwe | 3.60 | 14:40 | 4:04 | 1 | - | 1 | - | 15.70 | 1:28:57 | 5:39 | 1 | - | 29 |
| Schlüsie | 4.10 | 14:39 | 3:34 | 1 | - | 2 | 0:17 | 19.80 | 1:43:36 | 5:13 | 1 | - | 30 |
| Loddenke | 3.10 | 12:36 | 4:03 | 1 | - | 4 | 3:16 | 22.90 | 1:56:12 | 5:04 | 1 | - | 30 |
| Ilseburg/Markt | 3.30 | 14:21 | 4:20 | 2 | 0:02 | 4 | 0:52 | 26.20 | 2:10:33 | 4:58 | 1 | - | 2 1:27 |