



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Brandt, Dirk

Club: SV Amelsen
Number: 43

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:11:46

Speed: 11.84 km/h
Running performance: 5:02 min/km

Rank in course/Total: 62 (of 426)

Rank in course/Men: 60 (of 371)

Best time in course: 1:42:20

Rank in category: 16(of 47)

Best time in the category: 1:49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	17:08	5:11	22	3:32	111	4:42	3.30	17:08	5:11	40		58	4:42
Schlüsie	3.10	18:18	5:54	22	3:11	102	4:52	6.40	35:26	5:32	40		58	9:34
Hermannsklippe	2.60	15:54	6:06	19	2:56	83	4:09	9.00	51:20	5:42	40		58	13:43
Brocken	3.10	23:55	7:42	12	4:11	41	5:49	12.10	1:15:15	6:13	40		58	19:32
Eiserner Handwe	3.60	15:22	4:16	10	2:30	45	3:24	15.70	1:30:37	5:46	40		58	22:14
Schlüsie	4.10	15:06	3:40	16	2:46	64	3:10	19.80	1:45:43	5:20	40		58	24:45
Loddenke	3.10	12:16	3:57	14	1:19	51	2:03	22.90	1:57:59	5:09	40		57	26:48
Ilseburg/Markt	3.30	13:47	4:10	14	1:56	62	2:38	26.20	2:11:46	5:01	16	21:56	60	29:26