



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Rühle, Thomas

Club: Woltersdorf
Number: 17

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:12:52

Speed: 11.74 km/h
Running performance: 5:04 min/km

Rank in course/Total: 68 (of 426)

Rank in course/Men: 66 (of 371)

Best time in course: 1:42:20

Rank in category: 17(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:24	4:40	9	1:48	29	2:58	3.30	15:24	4:40	34		34	2:58
Schlüsie	3.10	17:33	5:39	14	2:26	62	4:07	6.40	32:57	5:08	41		66	7:05
Hermannsklippe	2.60	15:48	6:04	18	2:50	77	4:03	9.00	48:45	5:25	41		66	11:08
Brocken	3.10	27:04	8:43	27	7:20	132	8:58	12.10	1:15:49	6:15	41		66	20:06
Eiserner Handwe	3.60	15:33	4:19	15	2:41	53	3:35	15.70	1:31:22	5:49	41		66	22:59
Schlüsie	4.10	15:02	3:40	15	2:42	62	3:06	19.80	1:46:24	5:22	41		66	25:26
Loddenke	3.10	12:41	4:05	18	1:44	74	2:28	22.90	1:59:05	5:12	41		66	27:54
Ilseburg/Markt	3.30	13:47	4:10	14	1:56	62	2:38	26.20	2:12:52	5:04	17	23:02	66	30:32