



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Behrend, Henry

Club: SV Kyffhäuser  
Number: 296

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:12:57

Speed: 11.73 km/h  
Running performance: 5:04 min/km

Rank in course/Total: 69 (of 426)

Rank in course/Men: 67 (of 371)

Best time in course: 1:42:20

Rank in category: 10(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:06	4:52	8	3:34	56	3:40	3.30	16:06	4:52	39		29	3:40
Schlüsie	3.10	17:35	5:40	11	3:29	65	4:09	6.40	33:41	5:15	39		67	7:49
Hermannsklippe	2.60	15:30	5:57	9	3:01	59	3:45	9.00	49:11	5:27	39		67	11:34
Brocken	3.10	25:12	8:07	8	5:13	75	7:06	12.10	1:14:23	6:08	39		67	18:40
Eiserner Handwe	3.60	15:45	4:22	10	3:47	62	3:47	15.70	1:30:08	5:44	39		67	21:45
Schlüsie	4.10	15:13	3:42	10	3:17	69	3:17	19.80	1:45:21	5:19	39		67	24:23
Loddenke	3.10	12:53	4:09	17	2:27	94	2:40	22.90	1:58:14	5:09	39		67	27:03
Ilseburg/Markt	3.30	14:43	4:27	21	2:57	125	3:34	26.20	2:12:57	5:04	10	27:40	67	30:37