



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Walgers, Ariën

Club: Dasseler SC  
Number: 361

Course: 26.20 km  
Brockenlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:13:57

Speed: 11.65 km/h  
Running performance: 5:07 min/km

Rank in course/Total: 74 (of 426)

Rank in course/Men: 72 (of 371)

Best time in course: 1:42:20

Rank in category: 12(of 58)

Best time in the category: 1:45:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:50	5:06	15	4:18	94	4:24	3.30	16:50	5:06	41		72	4:24
Schlüsie	3.10	18:23	5:55	16	4:17	104	4:57	6.40	35:13	5:30	41		72	9:21
Hermannsklippe	2.60	16:00	6:09	11	3:31	88	4:15	9.00	51:13	5:41	41		72	13:36
Brocken	3.10	25:50	8:19	10	5:51	85	7:44	12.10	1:17:03	6:22	41		72	21:20
Eiserner Handwe	3.60	15:32	4:18	7	3:34	52	3:34	15.70	1:32:35	5:53	41		72	24:12
Schlüsie	4.10	15:08	3:41	9	3:12	65	3:12	19.80	1:47:43	5:26	41		72	26:45
Loddenke	3.10	12:33	4:02	9	2:07	64	2:20	22.90	2:00:16	5:15	41		72	29:05
Ilseburg/Markt	3.30	13:41	4:08	9	1:55	55	2:32	26.20	2:13:57	5:06	12	28:40	72	31:37