



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Wulf, Martin

Club: SV Brenkhausen/Bosseborn
Number: 418

Course: 26.20 km
Brockenlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 2:15:08

Speed: 11.54 km/h
Running performance: 5:10 min/km

Rank in course/Total: 84 (of 426)

Rank in course/Men: 82 (of 371)

Best time in course: 1:42:20

Rank in category: 5(of 57)

Best time in the category: 2:05:19

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:26	4:58	5	0:48	76	4:00	3.30	16:26	4:58	34		82	4:00
Schlüsie	3.10	17:47	5:44	4	0:20	76	4:21	6.40	34:13	5:20	34		82	8:21
Hermannsklippe	2.60	16:05	6:11	9	1:05	93	4:20	9.00	50:18	5:35	34		82	12:41
Brocken	3.10	26:24	8:30	10	2:24	106	8:18	12.10	1:16:42	6:20	34		70	20:59
Eiserner Handwe	3.60	15:50	4:23	5	1:22	64	3:52	15.70	1:32:32	5:53	34		82	24:09
Schlüsie	4.10	15:26	3:45	6	1:48	80	3:30	19.80	1:47:58	5:27	34		82	27:00
Loddenke	3.10	12:56	4:10	13	1:24	99	2:43	22.90	2:00:54	5:16	34		82	29:43
Ilseburg/Markt	3.30	14:14	4:18	12	1:18	94	3:05	26.20	2:15:08	5:09	5	9:49	82	32:48