



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Lüdtke, Mathias

Club: fettleibige Ballenstedter
Number: 258

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:15:14

Speed: 11.54 km/h
Running performance: 5:10 min/km

Rank in course/Total: 85 (of 426)

Rank in course/Men: 83 (of 371)

Best time in course: 1:42:20

Rank in category: 15(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	18:07	5:29	34	3:24	153	5:41	3.30	18:07	5:29	45		83	5:41
Schlüsie	3.10	18:22	5:55	21	1:58	103	4:56	6.40	36:29	5:42	45		83	10:37
Hermannsklippe	2.60	16:04	6:10	18	2:08	90	4:19	9.00	52:33	5:50	45		83	14:56
Brocken	3.10	25:38	8:16	18	3:43	82	7:32	12.10	1:18:11	6:27	45		83	22:28
Eiserner Handwe	3.60	15:51	4:24	15	1:51	66	3:53	15.70	1:34:02	5:59	45		83	25:39
Schlüsie	4.10	14:46	3:36	10	1:30	53	2:50	19.80	1:48:48	5:29	45		83	27:50
Loddenke	3.10	12:37	4:04	15	1:25	68	2:24	22.90	2:01:25	5:18	42		78	30:14
Ilseburg/Markt	3.30	13:49	4:11	14	1:18	66	2:40	26.20	2:15:14	5:09	15	16:13	83	32:54