



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kresse, Mathias

Club: Nixtun kann Jeder
Number: 201

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:15:26

Speed: 11.52 km/h
Running performance: 5:10 min/km

Rank in course/Total: 89 (of 426)

Rank in course/Men: 87 (of 371)

Best time in course: 1:42:20

Rank in category: 18(of 77)

Best time in the category: 1:59:01

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:59	5:08	22	2:16	103	4:33	3.30	16:59	5:08	42		87	4:33
Schlüsie	3.10	18:23	5:55	22	1:59	104	4:57	6.40	35:22	5:31	42		87	9:30
Hermannsklippe	2.60	16:34	6:22	24	2:38	118	4:49	9.00	51:56	5:46	42		87	14:19
Brocken	3.10	26:39	8:35	25	4:44	114	8:33	12.10	1:18:35	6:29	42		87	22:52
Eiserner Handwe	3.60	15:43	4:21	11	1:43	57	3:45	15.70	1:34:18	6:00	42		87	25:55
Schlüsie	4.10	14:28	3:31	8	1:12	42	2:32	19.80	1:48:46	5:29	42		87	27:48
Loddenke	3.10	12:39	4:04	16	1:27	70	2:26	22.90	2:01:25	5:18	42		78	30:14
Ilseburg/Markt	3.30	14:01	4:14	17	1:30	80	2:52	26.20	2:15:26	5:10	18	16:25	87	33:06