



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Irmer, Tobias

Club: HSV Medizin Magdeburg
Number: 4

Course: 26.20 km
Brockenlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:15:30

Speed: 11.51 km/h
Running performance: 5:10 min/km

Rank in course/Total: 90 (of 426)

Rank in course/Men: 88 (of 371)

Best time in course: 1:42:20

Rank in category: 21(of 47)

Best time in the category: 1:49:50

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	15:49	4:47	14	2:13	47	3:23	3.30	15:49	4:47	45		89	3:23
Schlüsie	3.10	17:41	5:42	17	2:34	69	4:15	6.40	33:30	5:14	45		59	7:38
Hermannsklippe	2.60	15:44	6:03	17	2:46	75	3:59	9.00	49:14	5:28	45		89	11:37
Brocken	3.10	25:22	8:10	21	5:38	77	7:16	12.10	1:14:36	6:09	45		89	18:53
Eiserner Handwe	3.60	16:22	4:32	22	3:30	91	4:24	15.70	1:30:58	5:47	45		89	22:35
Schlüsie	4.10	16:48	4:05	30	4:28	160	4:52	19.80	1:47:46	5:26	45		89	26:48
Loddenke	3.10	12:57	4:10	20	2:00	101	2:44	22.90	2:00:43	5:16	45		89	29:32
Ilseburg/Markt	3.30	14:47	4:28	25	2:56	130	3:38	26.20	2:15:30	5:10	21	25:40	88	33:10