



42. Brockenlauf
Ilseburg / 01.09.2012

Detailed evaluation

Kißner, Andreas

Club: Brockenlaufverein
Number: 71

Course: 26.20 km
Brockenlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:16:27

Speed: 11.43 km/h
Running performance: 5:13 min/km

Rank in course/Total: 95 (of 426)

Rank in course/Men: 93 (of 371)

Best time in course: 1:42:20

Rank in category: 19(of 77)

Best time in the category: 1:59:01

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	16:38	5:02	16	1:55	83	4:12	3.30	16:38	5:02	41		93	4:12
Schlüsie	3.10	18:12	5:52	19	1:48	97	4:46	6.40	34:50	5:26	41		93	8:58
Hermannsklippe	2.60	16:06	6:11	20	2:10	96	4:21	9.00	50:56	5:39	41		93	13:19
Brocken	3.10	26:31	8:33	24	4:36	112	8:25	12.10	1:17:27	6:24	41		93	21:44
Eiserner Handwe	3.60	16:08	4:28	18	2:08	79	4:10	15.70	1:33:35	5:57	41		93	25:12
Schlüsie	4.10	15:35	3:48	18	2:19	87	3:39	19.80	1:49:10	5:30	41		93	28:12
Loddenke	3.10	12:50	4:08	19	1:38	87	2:37	22.90	2:02:00	5:19	41		93	30:49
Ilseburg/Markt	3.30	14:27	4:22	21	1:56	108	3:18	26.20	2:16:27	5:12	19	17:26	93	34:07