



42. Brockenlauf  
Ilseburg / 01.09.2012

Detailed evaluation

Staebe, Erika

Club: LC Blueliner  
Number: 231

Course: 26.20 km  
Brockenlauf

Category:  
Seniorinnen W50 (50-54 Jahre)

Total time: 2:16:44

Speed: 11.41 km/h  
Running performance: 5:13 min/km

Rank in course/Total: 99 (of 426)

Rank in course/Women: 3 (of 55)

Best time in course: 2:09:06

Rank in category: 1(of 10)

Best time in the category: 2:16:44

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Loddenke	3.30	16:33	5:00	1	-	5	1:08	3.30	16:33	5:00	1	-	31	
Schlüsie	3.10	17:56	5:47	1	-	4	0:43	6.40	34:29	5:23	1	-	31	
Hermannsklippe	2.60	16:06	6:11	1	-	3	0:29	9.00	50:35	5:37	1	-	31	
Brocken	3.10	26:10	8:26	1	-	4	1:41	12.10	1:16:45	6:20	1	-	30	
Eiserner Handwe	3.60	16:20	4:32	1	-	4	1:40	15.70	1:33:05	5:55	1	-	30	
Schlüsie	4.10	16:09	3:56	1	-	8	1:47	19.80	1:49:14	5:31	1	-	31	
Loddenke	3.10	13:10	4:14	1	-	7	3:50	22.90	2:02:24	5:20	1	-	31	
Ilseburg/Markt	3.30	14:20	4:20	1	-	3	0:51	26.20	2:16:44	5:13	1	-	3	7:38